

Famous Hamburgers

Train Burger

¼ lb. Hamburger, Ham, Melted Swiss & American Cheese, Special Sauce, Tomato, Lettuce, & Pickles with GF Bun

Ranch Burger w/ Cheese

¼ lb. Hamburger, Ranch Dressing, Melted Cheese (American or Swiss), Lettuce, & Tomato with GF Bun

Bacon Cheese Burger w/ Ranch

¼ lb. Hamburger, Bacon, Cheese (American or Swiss), Ranch Dressing (contains MSG), Lettuce, & Tomato with GF Bun

Bacon Cheese

¼ lb. Hamburger, Crisp Bacon, Melted Cheese (American or Swiss), Ketchup Mustard Sauce, Lettuce, & Pickles with GF Bun

Hamburger

¼ lb. Hamburger, Ketchup Mustard Sauce, Lettuce, & Pickles with GF Bun

Cheeseburger

¼ lb. Hamburger, Melted Cheese (American or Swiss), Ketchup Mustard Sauce, Lettuce, & Pickles, with GF Bun

Double Cheese

2 1/8 lb. Hamburger Patties, 2 slices Melted Cheese (American or Swiss), Ketchup Mustard Sauce, Lettuce, & Pickles, with GF Bun

Guacamole Bacon Swiss

¼ lb. Hamburger, Bacon, Swiss, Ranch Dressing (MSG), Lettuce, Tomato & Guacamole, with GF Bun

1/2 Pound Double Cheese

2 Quarter Pound Hamburger Patties, 2 Slices of Melted Cheese (American or Swiss), Ketchup Mustard Sauce, Lettuce, & Pickles with GF Bun

1/2 Pound Bacon Cheese

2 Quarter Pound Hamburger Patties, Crisp Bacon, 2 Slices Melted Cheese (American or Swiss), Ketchup Mustard Sauce, Lettuce, & Pickles, with GF Bun

Kids Meals (order the fries GF)

Includes Sm. Fries, Kid's Drink, & Prize

Jr. Hamburger with GF Bun

Jr. Cheeseburger with GF Bun

Grilled Cheese on with GF Bread

Sandwiches

Grilled Chicken Filet Sandwich

Grilled Chicken Breast Filet, Miracle Whip, Lettuce, Tomato, GF Bun

Chicken Supreme Sandwich

Grilled Chicken Breast Fillet, Ham, Swiss Cheese, Mustard Sauce, Lettuce, GF Bun

Chicken Club Car Sandwich

Grilled Chicken Breast Fillet, Bacon, Swiss Cheese, Ranch Dressing (MSG), Lettuce, & Tomato, GF Bun

Spicy Chicken Guacamole Sandwich

Grilled Chicken Breast Fillet, Swiss Cheese, Chipotle Ranch Sauce, Lettuce, Tomato, and Guacamole GF Bun

Ham & Cheese Sandwich

Hot Grilled Thin Sliced Ham, Melted American Cheese, Miracle Whip & Lettuce on a GF Bun

♥Turkey Breast Deli Sandwich

Thin Sliced Turkey Breast- served cold, Miracle Whip, Lettuce, Tomato, on a GF Bread with a side of Cranberry Sauce .

Bacon Lettuce Tomato B.L.T. Sandwich

Crispy Bacon, Sliced Tomatoes, Lettuce, & Miracle Whip Piled onto a GF Bread

Turkey Avocado Sandwich

Thin Sliced Turkey Breast- served cold, Miracle Whip, Lettuce, Tomato, Avocado on a GF Bread

Grill Cheese Sandwich on GF Bread

Four Cheese Grilled Cheese on GF Bread

Gluten Free Chicken Strips

Meal Deals

Make any Sandwich or Salad a Meal Deal

Includes Small Fries, Medium Drink,

Supersize any Meal Deal

Salads

♥Chef Salad

Turkey Breast, & Ham, Lettuce, Broccoli, Carrots, Tomatoes

♥Grilled Chicken Salad

Grilled Chicken Fillet, Lettuce, Broccoli, Carrots, Tomatoes

♥Garden Salad

Lettuce, Broccoli, Carrots, & Tomatoes

Side Salad Lettuce, Tomatoes, Carrots

Salad Dressings

Our Famous Ranch (MSG), Thousand Island, Blue Cheese,

♥Fat Free Ranch(MSG), ♥Lite Italian, ♥Raspberry Vinaigrette
Honey Mustard

All salad dressing contain Modified Food Starch

Drinks

Coke, Diet Coke, Caffeine Free Diet Coke, Dr. Pepper, Diet Dr. Pepper, Hires Root Beer, Sprite, Diet Sprite, Orange, Lemonade, Power-ade

Slush

Cherry, Grape, Lemonade, Pina Colada, Lime, Strawberry Daiquiri, Blue Raspberry, Tigers Blood, Green Apple

Kids (12oz) Small (16oz) Medium (22oz)
Large (32oz) Giant (44oz)

Bottled Water

Milk/Chocolate Milk

Fresh Lime/Diet Fresh Lime

Small (16oz) Medium (22oz)
Large (32oz) Giant (44oz)

Extras

French Fries (Order them to be prepared Gluten Free)

Small or Large

Sweet Potato Fries

Tater-Tots

IN THE WINTER WE
ALSO OFFER ALL SOUPS
with Gluten Free options!



Famous Ice Cream

Root Beer Float & Root Beer Freeze (Hires)
Small, Medium, Large

Dish of Ice Cream
Vanilla, Chocolate, Swirl, Sherbet, or Sherbet Swirl
Small or Large

Sundaes
Toppings- (*Modified Food Starch- CORN)
Blackberry, Blueberry, Boysenberry, Caramel, Cherry,
Chocolate, Hot Fudge, Jumbleberry, Marshmallow,
Pineapple
Real Fruit Raspberry, +.75¢ & Strawberry +.49¢

Banana Split- Choice of two Toppings

Extras
Cashews, Pecans, Almonds,+.99¢
Walnuts, Peanuts.....+.49¢
Candy Toppings.....+.99¢
**Butterfinger, Reese's Peanut Butter Cup, Heath Bar,
m&ms, Snickers,**

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[/recipes/glutenfree](http://recipes/glutenfree)

GLUTEN FREE MENU

199 South Main • Heber City, UT • 435-654-KEEN (5336)

I have been diagnosed with Celiac, so I understand the frustrations of trying to eat out Gluten Free. So I am happy and proud to offer you our Gluten Free Menu.

We have tried to check and double check the ingredients to make sure that we are serving Gluten Free ingredients. If you find that you have any reaction to anything listed here, please let us know so that we can check and see if there is a problem for you and others. **We strive very hard to keep these items Gluten Free. We train our employees to avoid any cross contamination. We are sorry but we cannot guarantee that you will not have a reaction.**

Please ask for fries, sweet potato fries, or tater-tots to be made in the Gluten Free fryer. Ranch is Hidden Valley and contains MSG.

Our shakes are awesome and Banana, Raspberry and Strawberry are made with fruit and sugar. The other toppings list the ingredients as Modified Food Starch. The manufactures have assured me that it is Modified Corn Starch. Candy bar stir-ins are brand name products. Please TELL US that you need your shake Gluten Free so that we are sure to avoid cross contamination by special cleaning of the shake mixer.

I hope that you enjoy the Gluten Free buns and bread. The buns are from New Grains Buns and UDIs is the bread; please ask to see the ingredient label if you have questions. Please know that they cannot be toasted due to cross contamination issues.

Please give us suggestions. I would love to hear from you and your family. We are all in this weird Club of Celiac together and together we can now eat at the Dairy Keen. Jan Mawhinney Olpin Email at Jan@DairyKeen.com

Famous Ice Cream

Famous Thick Shakes (but they can be ordered thin)

Our Traditional and Unique Shakes

Small, Medium, Large		
Pina Colada	Hot Fudge	Peanut Butter
Chocolate	Mint	Root Beer
Caramel	Jumbleberry	Chocolate Marshmallow
Coconut	Blueberry	Orange Dreamsicle
Pineapple	Blackberry	Cherry Chocolate
Cherry	Boysenberry	Chocolate Chip
Vanilla	Marshmallow	Coffee
Mocha	Caramel Coffee	

Small, Medium, Large	
*Fresh Strawberry	Butterfinger®
*Reese's Peanut Butter Cup®	Heath Bar®
Fresh Banana	m & m's®
Gummy Bear	Snickers®

Small, Medium, Large	
*Fresh Raspberry	Tropical Breeze
Caramel Cashew	Burnt Almond Fudge
German Chocolate	Rocky Road
Turtle	Chocolate Almond
Nutella	

* Most popular
Seasonal Shakes; Peach, Peach-Raspberry, Pumpkin, Chocolate Chip Pumpkin, Pumpkin Latte, Candy Cane, Candy Cane Fudge, Egg Nog,